



# Breakfast

8.30am – 11.45am

## Breakfast rolls

Cornish pork sausage <i>Allergens - Gl</i>	£4.75	Local back bacon <i>Allergens - Gl</i>	£4.75
Fried egg and mushroom <i>Allergens - E, Gl</i>	£4.50	Veggie sausage <i>Allergens - Gl</i>	£4.50
Toast with butter <i>Allergens - D, Gl</i>	£2.50		
Additional items: Grilled tomato, grilled mushroom, hashbrown, fried egg, hogs' pudding <i>Allergens - M, E, Gl, Su</i>			£0.45

## Mains

Above the Bay BIG Breakfast 2 eggs, 2 bacon, 2 sausages, 2 tomatoes, baked beans, mushrooms, 2 hash brown, 2 hogs pudding and 2 slices of toast <i>Allergens - Lu, Gl, E, Su, M, So</i>	£12.95
Small Above the Bay Breakfast 1 egg, 1 bacon, 1 sausage, 1 tomato, baked beans, mushroom, 1 hash brown, 1 hogs pudding and 1 slice of toast <i>Allergens - Lu, Gl, E, Su, M, So</i>	£10.00
Eggs on toast 'Your way', two free range eggs on sourdough toast Add 2 slices of bacon <i>Allergens - Lu, Gl, E</i>	£5.95 £0.75
Honey glazed ham and eggs with sourdough toast <i>Allergens - Lu, Gl, E, Su</i>	£8.75
Above the Bay Vegetarian Breakfast 2 eggs, Veggie Sausage, Baked beans, tomatoes, mushrooms, 2 hash browns And 2 slices of toast <i>Allergens - Gl, Lu, E, Su, M</i>	£10.95
Small Above the Bay Vegetarian Breakfast 1 egg, Veggie sausage, Baked beans, 1 mushroom, 1 tomato, 1 hash brown and 1 slice of toast <i>Allergens - Gl, Lu, E, Su, M</i>	£8.95

**Before placing your order please inform your server if a person in your party has a food allergy**

CE-Celery/celeryiac    GI-Gluten    Cr-Crustaceans    E-Eggs    F-Fish    Lu-Lupin    M-Milk    Mo – Molluscs    Mu-Mustard  
N-Nuts    P-Peanuts    Se - Sesame seeds    So-Soya    Su-Sulphites