



Breakfast

9.30am – 11.45am

Breakfast rolls

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| Cornish pork sausage <i>Allergens -Gl</i> | £4.75 | Local back bacon <i>Allergens-Gl</i> | £4.75 |
| Fried egg and mushroom <i>Allergens - E, Gl</i> | £4.50 | Veggie sausage <i>Allergens - Gl</i> | £4.50 |
| Toast with butter <i>Allergens - D, Gl</i> | £2.50 | | |
| Additional items: Grilled tomato, grilled mushroom, hashbrown, fried egg, hogs' pudding <i>Allergens - M,E,Gl, Su</i> | | | £0.45 |

Mains

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| Above the Bay BIG Breakfast 2 eggs , 2 bacon, 2 sausages, 2 tomatoes, baked beans, mushrooms , 2 hash brown, 2 hogs pudding and 2 slices of toast <i>Allergens - Lu , Gl , E, Su, M, So</i> | £12.95 |
| Small Above the Bay Breakfast 1 egg , 1 bacon, 1 sausage, 1 tomato, baked beans, mushroom , 1 hash brown, 1 hogs pudding and 1 slice of toast <i>Allergens - Lu , Gl , E, Su, M, So</i> | £10.00 |
| Eggs on toast 'Your way', two free range eggs on sourdough toast Add 2 slices of bacon <i>Allergens - Lu, Gl, E</i> | £5.95 £0.75 |
| Honey glazed ham and eggs with sourdough toast <i>Allergens - Lu, Gl, E, Su</i> | £8.75 |
| Above the Bay Vegetarian Breakfast 2 eggs, Veggie Sausage, Baked beans, tomatoes, mushrooms, 2 hash browns And 2 slices of toast <i>Allergens - Gl, Lu , E, Su ,M</i> | £10.95 |
| Small Above the Bay Vegetarian Breakfast 1 egg, Veggie sausage, Baked beans, 1 mushroom, 1 tomato, 1 hash brown and 1 Slice of toast <i>Allergens - Gl, Lu , E, Su ,M</i> | £8.95 |

Before placing your order please inform your server if a person in your party has a food allergy

CE-Celery/celeriac GI-Gluten Cr-Crustaceans E-Eggs F-Fish Lu-Lupin M-Milk Mo – Molluscs Mu-Mustard
N-Nuts P-Peanuts Se - Sesame seeds So-Soya Su-Sulphites